#### WORKSHOPS

Please note!!!

Workshops are optional. HOWEVER All workshops MUST be pre-registered. There will be no signing up at Elkhorn.

Aqua Size with Daphne Saturday – 7:30 – 8:30 a.m. Limit 20 women

Bible Art Journaling II 1:00-4:00 come and go.

Judy will continue the growing trend of Illustrated Faith and Bible. Bring your own Bible and/or journal to work with. Limited colouring & journaling supplies available.

Paper Quilling 2:30 – 4:00 Cost - \$1.50 per card, limit of 2 Limit of 10 ladies. Sarah will teach basic quilling techniques. Each lady will have the opportunity to make 2 cards to take home.

Young Essential Oils 2:00 – 3:00 Cost - \$15.00. Attendance unlimited. Pam will supply information regarding our wellness needs and make available make and take time.

SALON D - Shopping:

Playing with Accessories – Friday evening only, after session.

Jewelry by Shelly Loewen – Facebook page "A Little Country Charm"

Essential Oils by Pam Nickel

Living Books

Paper Quilling by Sarah Mueller



Author and speaker, Grace Fox's passion is to connect the dots between faith and real life so her audiences might live the life God intends. Drawing from Scripture and personal experiences, she uses the written page and public stage to build

Christ-based confidence in audiences worldwide. Grace's quick wit, real-life stories and Biblical insight keep her in constant demand as a speaker.

National radio and TV programs, including 100 Huntley Street, It's a New Day and The Harvest Show, look to Grace as a trusted guest. Her writing includes hundreds of articles for magazines including Focus on the Family and Insights Canada. Among her eight books is Moving from Fear to Freedom; A Woman's Guide to Peace in Every Situation and its corresponding DVD-based Bible Study.

Mother of three adult children and grandparent to five, Grace lives with her husband of 32 years in Abbotsford, BC, where they're the national co-directors of International Messengers Canada, a ministry offering creative short-term and career missionary opportunities in Eastern Europe.

Silent Auction & Give Aways

Donations to our annual Silent Auction and Give Aways are gratefully accepted. Proceeds used to off-set retreat expenses.



TAKING

WOMEN'S

WEEKEND

Apríl 28-30, 2017 Elkhorn Lodge

GET-AWAY

GUIEST SIPIEAIKEIR

GRACE FOX

www.gracefox.com

ISAIAH 40:31 – But those who hope in the LORD will renew their strength. They will SOAR on wings like eagles; they will run and not grow weary, they will walk and not be faint.



Please bring your Bible to all sessions

## **Friday**

6:00 p.m. Registration 7:30 p.m. Get Acquainted 8:00 p.m. Snacks 9:00 p.m. Session 1

### Saturday

9:00 a.m. Breakfast 10:30 a.m. Session 2

12:00 - 6:00 p.m. Workshops/Free Time

**NOTE** Lunch is not provided. Everyone is on their own – choose from the resort restaurant or bring snacks from home.

6:00 p.m. Evening Dinner - Session 3

### Sunday

10:00 a.m. - Session 4

<u>Checkout</u> - Express checkout available. You are responsible for your own breakfast. Breakfast in the restaurant is available with special retreat menu.

# Farewell - See you next year.

Any Questions?

Grace Elke 204-444-2303 or 204-489-3875 ext.27 gelke@mymts.net

# Room Bookings

The room rate is \$118.00 plus GST & PST per night. Room cost can be shared with up to 4 people. Chalets are available for up to 10 people. Please call Elkhorn for 2017 chalet rates.

Please book your own room prior to March 27 by calling 1-866-355-4676. **Be certain to ask for MBAW17 rooms.** 

#### To reserve rooms on-line

- . Go to www.elkhornresort.mb.ca
- . Go to "reserve your stay online."
- . Put in the dates of April 28 check-in & April 30 checkout
- . Put in the promo code MBAW17 [case sensitive]
- . Click on "check availability"
- . Follow the steps from there.

A credit card number will be required at time of booking as well as names of roommates. Rooms will be released to the public after March 31.

# Solstice Spa

Pre-booking is not required for the use of the Mineral Pool, but it is required for any treatments [massage, manicure, etc.] that you wish to receive and should be booked well in advance of the weekend. A 15% discount is available to retreat attendees for "hands on" treatment only.

Solstice Spa Reservations: 1-866-355-4676

www.elkhornresort.mb.ca to preview resort.

Feel free to bring snacks from home to enjoy in your room. Small fridge, coffee and tea available.

No microwave

# **Payment Options**

Cheques made payable to MBA
No post-dated cheques please.
On-line Registration Forms & PayPal are available at
www.npregion.org as of February 1, 2017

Or mail registration form & cheques to
Evelyn Bredin
Box 465
Swan River, MB R0L 1Z0

# **Registration Form**

Address	
City	Postal Code
Church Connection _	
Email	
Dietary restrictions	
Registration fees refundable depos	[includes 3 meals] - \$40.00 non- it
	due upon arrival]
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Limited Se\$40.00 nor [\$85.00 balan retreat]\$125.00 To	egistration fee will be \$155.00 eating so register early n-refundable deposit

## **PHOTOGRAPHY**

**Total Amount Enclosed \$** 

Yes I give permission for
photos/videos taken of me to be used on
the Women's Retreat Facebook page and
advertising for future retreats.
No I do not give permission.

**ALLERGIES** Please remember that some ladies have fragrance allergies and restrict your use of same. Thank you.