# At the Table: A Reflection on the Lord's Supper 1 Corinthians 11:17-34

March 1, 2020

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For whenever you eat this bread and drink this cup, you proclaim the Lord's death until He comes. -1 Corinthians 11:28

Now you are the body of Christ, and each one of you is a part of it.

– 1 Corinthians 12:27

If I truly feel my sinfulness, confess it, and put my trust in the Saviour of sinners, then in Him I find my worthiness. – H.A. Ironside

### 1. Setting the Table

"New Covenant"

"In Remembrance of Me"

"Proclaim the Lord's death"

### 2. Two Problems at the Table

- A Focus Problem
- A Community Problem

### 3. Examining Ourselves before the Table

- Our worthiness is already in Christ, but what is the manner in which we come to the table?
- Prayerful Examination
  - Is my heart focussed on Christ?
  - Am I loving my brother and sister?
- Confess and then Come to the Table with Confidence

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