

## Whyte Ridge Baptist Church – November 16, 2025



### Rejoicing In Christ

Philippians 4:1-9

Rejoice in the Lord always; again I will say, rejoice. (Philippians 4:4)

#### 1. Foundation of our joy (v. 1)

- Stand firm in the Lord
- Letter of joy/rejoicing
- My life in Christ

#### 2. Joy in the midst of conflict (v. 2-5)

- Agree in the Lord
- Conflict resolution, forgiveness and reconciliation (Ephesians 4:31-32, Colossians 3:12-14, Matthew 18:15-17, Luke 17:3-4)
- Rejoice in the Lord
- Be reasonable with others

#### 3. Joy in the face of anxiety (v. 6-7)

- God knows our anxiety (Matthew 6:25-34, 1 Peter 5:7)
- Do not be anxious about anything
- Pray with thanksgiving for everything
- Peace of God will guard your heart and mind

#### 4. Joy in our thoughts and actions (v. 8-9)

- Think on praiseworthy things
- Practice what you have learned, received and heard
- God of peace will be with you

### Questions for Discussion:

- What conflict are you currently experiencing? What have you learned in Philippians that might be helpful in the resolution of that conflict?
- What are you currently anxious about? Who could you invite to join with you in thankful prayer as you surrender this to Jesus?
- Share with someone about a time when God blessed you with His peace, which surpassed all understanding.
- What steps do you sense God calling you to in terms of your personal prayer life? In terms of increased engagement in corporate prayer?

