

Workshops (Optional)

Workshop #1: Tallow

Have you noticed all the advertising lately about products made with tallow? Have you purchased products at a Farmer's Market made from tallow? Have you wondered what all the hype is about? Well, so did I, so I have been spending the last year or so learning all I can about the benefits of this amazing product. Join me as we look into one of the newest old products on the market today.

Presenter Judy Hart

Aqua Size! (pending instructor)

Leave your insecurities at the door and put on your swimsuit. Enjoy laughter and fun in the pool as you exercise to music.

Silent Auction Everyone is welcome to donate a basket or new item.

The Elkhorn Resort has lots to offer. The pool, exercise room and spa will be open.

You also have the opportunity to do some **shopping** in Salon D.

Judy Hart 204-734-8453

bjhart@mymts.net

Our speaker for 2026 is
Jalene Buyer



Jalene Buyer calls Edmonton, AB home, where most of her days are spent full to the brim with all the beautiful chaos that comes with raising and homeschooling

three little people. She is wife to Adam, and mama to Libby, Hallie, and Jack. Despite the full days of this season - she tries to give herself the grace of hiding away with a cup of coffee, her guitar, and notebook to weave words or melodies together. Whether on a page or a screen, in a living room with a small circle of friends, or on a platform - her heart spills over when she gets to take these words and melodies and use them to invite others back to the feet of Jesus.

Jalene's educational background is in leadership, song writing, and theology. She recorded a full length album, *Only One Thing is Needed*, with her husband Adam, in 2013; a solo EP, *Still* in 2016, and recently released two singles: *Wait and Love Has Made a Way* in 2024/2025.

Jalene loves lattes, heart-to-heart conversations, kick-boxing, and being outside in God's creation.

Enjoy inspirational Praise and Worship with leader:

Joan van der Linde

A WOMEN'S WEEKEND GET-A-WAY



Luke 10:42

"...But few things are needed - or indeed only one"

April 17th-19th

2026

Elkhorn Resort
Clear Lake, Manitoba

Program

Please bring your Bible to all sessions

Friday

6:00 p.m. Registration
7:00 p.m. Get Acquainted
7:30 p.m. Snack
8:30 p.m. Session 1

Saturday

9:00 a.m. Breakfast
10:30 a.m. Session 2
Noon – 6:00 p.m.
Workshops/Free Time/Silent Auction.

NOTE Lunch is not provided.

Everyone is on their own – choose from the resort restaurant or bring snacks from home.

6:00 p.m. Evening Banquet Formal attire encouraged! Get dolled up and ready to have an enjoyable, relaxing evening with your girlfriends enjoying a delicious meal.

Followed by Session 3

Sunday

10:00 a.m. – Session 4

Checkout - Express checkout available. You are responsible for your own breakfast. Breakfast in the restaurant is available.

Any Questions?

Judy Hart

bhart@mts.net

204-525-2258

Room Bookings

The room rate is **\$195.00** plus GST & PST per night. Room cost can be shared with up to 4 people. Chalets are available for up to 10 people.

Please book your own room prior to March 21st by calling 1-866-355-4676. **Be certain to ask for MFB26 rooms.**

To reserve rooms on-line

- . Go to www.elkhornresort.mb.ca
- . Go to “reserve your stay online.”
- . Put in the dates of April 17th check-in & April 19th checkout
- . Use promo code MFB26 [case sensitive]
- . Click on “check availability”
- . Follow the steps from there.

A credit card number will be required at time of booking as well as names of roommates. Rooms will be released to the public after March 17th.

Klar So Nordic Spa

Check out the Elkhorn website for info on the new Klar So Nordic Spa for services and pricing. Booking in advance of treatment is recommended, but pack your bathing suit, the pool is free!

www.elkhornresort.mb.ca

Feel free to bring snacks from home to enjoy in your room. Small fridge, coffee and tea available. No microwave

Payment Options

Cheques made payable to

-Women's Ministry of the Manitoba Baptist Association-

No post-dated cheques please.

E-transfer: rockyacres4@gmail.com

Or mail registration form & cheques to

Diane Marshall

24 Tuxedo Drive

Dauphin, MB. R7N 0A1

Registration Form

Name _____

Address _____

City _____

Postal Code _____

Church Connection _____

Email _____

Dietary restrictions _____

Registration fees [includes 3 meals] \$45.00
non-refundable deposit
[\$100.00 balance due upon arrival]

Fee \$145.00 on or before March 29th
After March 29th, registration fee will be
\$190.00

Limited Seating so register early.

- \$45.00 non-refundable deposit
- \$145.00 Total Registration Fee
- \$190.00 Late Registration Fee
- Tallow Workshop (Free)
- Aqua Size (pending instructor)

Total Amount Enclosed

\$ _____

Registration online at

www.mba womensretreat.ca

PHOTOGRAPHY

Yes I give permission for photos/videos taken of me to be used on the Women's Retreat Facebook page and advertising for future retreats.

No I do not give permission.

ALLERGIES Please remember that some ladies have fragrance allergies and restrict your use of same.
Thank you.