

## Whyte Ridge Baptist Church – January 4, 2026



### Ephesians: Alive in Christ

## An Introduction to Ephesians

### Why Ephesians Matters:

- Developing an identity in a shifting world
- The City of Ephesus - A City Obsessed with Power

### Paul and Ephesus

- Why Paul Wrote Ephesians

### Ephesians 1:1–2 - Identity

## Ephesians 1:3–14 - A Song of Praise

- Chosen by the Father
- Redeemed by the Son
- Sealed by the Spirit

### Why This Matters Today

#### LifeGroup Discussion Questions:

**1) The sermon emphasized that Paul begins Ephesians by telling believers *who they are* before telling them *how to live*.**

What are some ways people today tend to define their identity? Which of those are hardest for you personally to let go of?

**2) Ephesus was a city obsessed with power, security, and spiritual control.**

In what ways do you see similar obsessions in our culture today? How do these pressures show up in your own life?

**3) Paul says God chose us in Christ before creation (Eph. 1:4).**

How does this truth challenge feelings of insecurity, insignificance, or fear? Why do you think it's sometimes hard to believe God's choice is secure?

**4) Ephesians says we are redeemed through Christ's blood.**

What does "redemption" mean in your own words? How does understanding the cost of redemption change the way you see grace?

**5) The believers in Ephesus lived in a world that constantly reminded them of unseen forces and threats.**

What "voices" today try to shape your sense of safety or worth? How does Ephesians redirect our confidence?

**6) As we begin this series, Paul's message is that believers are already "alive in Christ."**

What part of your life most needs to be reshaped by that truth right now? How can this group support one another in living out that identity?