

## Whyte Ridge Baptist Church – March 8, 2026



### A New Way to Walk

**Ephesians 4:17—5:21**

When the Resurrection becomes routine . . .

#### **Unpacking Ephesians 4:17 – 5:21**

If you are alive in Christ, your life should look different.

A. No Longer Walk as the Gentiles (4:17–19)

B. That Is Not the Way You Learned Christ (4:20–24)

C. What the New Life Actually Looks Like (4:25–32)

- Speak Truth (4:25)
- Deal with Anger (4:26–27)
- Work and Share (4:28)

- Speak to Build Up (4:29)

- Forgive as You’ve Been Forgiven (4:32)

D. Walk in Love (5:1–2)

E. Light in a Dark Culture (5:3–14)

F. Walk in Wisdom and Be Filled with the Spirit (5:15–21)

#### **Conclusion:**

When the grave clothes don’t fit anymore...

#### **LifeGroup Discussion Questions:**

1. Paul describes a progression from futile thinking to hardened hearts (4:17–19). Where do you see culture shaping our thinking in subtle ways today?
2. What does it practically look like to “put off the old self” and “put on the new self” in daily life?
3. Which of the specific commands in 4:25–32 challenges you most right now (truthfulness, anger, speech, forgiveness, generosity)? Why?
4. How does understanding that we are already “light in the Lord” change the way we approach holiness?
5. What does being “filled with the Spirit” look like in everyday relationships, work, and home life?
6. Is there a specific area of your life where you feel God inviting you to walk differently this week? What would obedience look like?